【Shenzhen】A Soothing Zen Teahouse
A great place to relax and de-stress with tea and Chinese culture!

A cup of tea is a good way to relieve stress amid the hustle and bustle of life. Yici Tea, rated the most popular teahouse in Futian district by dianping.com. is an ideal place to unwind yourself. Situated at the foot of Lianhua Hill not far from the downtown area, the teahouse is exceptionally quiet and calm.

The teahouse is designed in an ancient Chinese style. Wooden furniture items are complemented with embroidered screens, lanterns, tea ware, as well as Chinese calligraphy and painting works. The most eye-catching feature is a wooden compartmental cabinet for storing different types of tea leaves. This spectacular item alone is literally a museum of tea leaves.

The teahouse mainly serves Oolong tea from Fujian province. There are also black, white and dark teas to choose from. Oolong tea is the most popular item there. It is a throat-soothing tea which is sweet and long-lasting on the palate and is good for the skin and the lungs. The teahouse also offers two popular pastries to go with the tea. One is made with green beans for a rich flavour, and the other with dried tangerine peel for subtle fragrance. The quiet environment and the aroma of the tea make for a calm and serene Zen atmosphere.

Apart from places in the main hall, there are also semi-open and private tea rooms. While enjoying tea in the hall, you can also play chess with a friend, read a book by yourself, or transcribe Buddhist sutras with a Chinese calligraphy brush and an inkstone, to stay away from all the worries and distractions.

The teahouse has a wide range of tea leaves and tea ware for sale, including the most popular and famous teas from different parts of China, such as the many varieties of Chaoshan Wudong Mountain Single-cluster Oolong Tea (Song Chong or Honey Orchid), Phoenix Single-cluster Oolong Tea (Snow Spring Orchid), Wuyi Rock Tea (Gold Medal Cassia), Oolong Wuyi Rock Tea Lao Cong Narcissus Tea, Zhengyan Dahongpao Gao Cong Narcissus Tea, Lao Cong Black Tea etc. Tea gatherings of different themes are organised on traditional Chinese festivals, in addition to classes of tea ceremony and ancient zither (guqin). Join them if you are interested!

【Yici Tea】
Address: 20 Yutian Road, Futian District, Shenzhen

Getting there:
1. From downtown area: Take Shenzhen Metro Line 4. Get off at Lianhua North Station and walk about 12 minutes from Exit B.
2. From East Rail Line Lo Wu Station: Get to Shenzhen Metro Luohu Station on foot. Take Line 1 and then transfer to Line 4 at Convention & Exhibition Center Station.
3. From East Rail Line Lok Ma Chau Station: Get to Shenzhen Metro Futian Checkpoint Station on foot and then take Line 4.
4. From High Speed Rail Futian Station: Get to Shenzhen Metro Civic Center Station on foot from Exit 15 and take Line 4.

The above information is for reference only and is subject to change without prior notice.