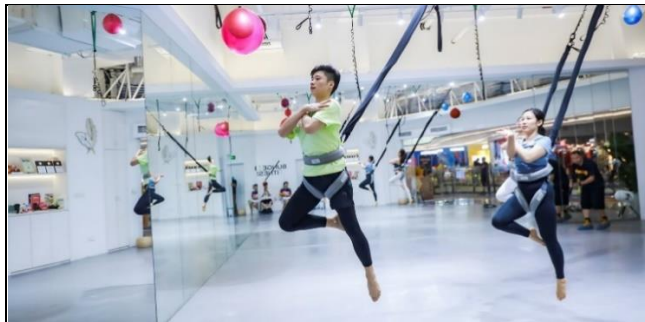


【Shenzhen】 A New Fitness Craze among Office Workers A leap of fitness with aerial bungee workouts!



Building on the popularity of COCO Park among the younger generation, Galaxy WORLD·COCO Park brands itself as a cutting-edge centre of culture, creativity and lifestyle in Bantian, Longgang District. In addition to a variety of fashion, dining, and cultural offerings, you may also boost your health and vitality through a wellness experience here!



At NewYou Bunjee on the third floor of the mall, you can experience the magic of an indoor bunjee workout, an emerging fitness trend for office workers. With the professional guidance of on-site coaches and the help of elastic ropes, even newbies can complete a series of difficult dance movements, workout manoeuvres and yoga poses, and enjoy the thrill of defying gravity in mid-air as if flying on a wire in movies. As a comprehensive training with cardio exercises on endurance, core muscles and balance, a single training session can help you burn 600 to 900 calories in the midst of upbeat pop music. For anyone who wants to keep fit and unwind in style, NewYou Bunjee is a new fun option for beating the gym boredom.

【NewYou Bunjee】

Address: Shop L3-022, Galaxy World-COCO Park. The intersection of Wuhe Avenue and Yabao Road, Longgang District, Shenzhen.

Getting there:

1. From downtown area: take Shenzhen Metro Line 10. Get off at Yabao Station and walk about 2 minutes from Exit C.
2. From East Rail Line Lo Wu Station: Get to Shenzhen Metro Luohu Station on foot and take Line 1, transfer to Line 10 at Gangxia Station.
3. From East Rail Line Lok Ma Chau Station: Get to Shenzhen Metro Shenzhen North Station on foot and take Line 10.
4. From High Speed Shenzhenbei Station: Get to Shenzhen Metro Shenzhen North Station on foot. Take Line 5 and transfer to Line 10 at Wuhu Station.

The above information is for reference only and is subject to change without prior notice.